

## Are you a Chief Investigator?

- Do you need expert help with trial design, statistics, regulatory issues or trial conduct?
- Do you require advice on literature reviews to inform prospective grant applications?
- Would you like help to identify Principal Investigators at other sites across Scotland or the rest of the UK?
- Would you like help identifying and recruiting participants into trials, and with data collection and follow up?

## Are you a mental health clinician who wants to be involved with high quality research?

- Would you like to be involved in mental health clinical trials?
- Would you like to help recruit patients into trials?

Please contact [info@smhrn.org.uk](mailto:info@smhrn.org.uk) to discuss these options or to find out if our research portfolio has opportunities to get involved and make a difference to mental health research in Scotland.

# How to contact us

## Network Director

Prof Michael Sharpe  
Email: [michael.sharpe@ed.ac.uk](mailto:michael.sharpe@ed.ac.uk)  
Telephone: 0131 537 6507

## Network Manager

Dr Lucy McCloughan  
Email: [lucy.mccloughan@ed.ac.uk](mailto:lucy.mccloughan@ed.ac.uk)  
Telephone: 0131 537 6764

## Trial Set-up & Systematic Reviews

Senior Research Network Coordinator  
Nadine Dougall  
Email: [nadine.dougall@ed.ac.uk](mailto:nadine.dougall@ed.ac.uk)  
Telephone: 0131 537 6665

## Trials Services

Senior Statistician  
Gillian McHugh  
Email: [gillian.mchugh@ed.ac.uk](mailto:gillian.mchugh@ed.ac.uk)  
Telephone: 0131 651 1340

## General Enquiries

Ann Doust  
Administrative Data Manager  
Email: [ann.doust@ed.ac.uk](mailto:ann.doust@ed.ac.uk)  
Telephone: 0131 537 6805

[www.smhrn.org.uk](http://www.smhrn.org.uk)

# Scottish Mental Health Research Network



## Our Aims

SMHRN has been established to support high quality research in mental health in Scotland. Our main aim is to facilitate the conduct of multi-centre randomised controlled trials of interventions relevant to mental health.

Mental health encompasses a diversity of diagnoses and settings that studies recruit from. To help accelerate high quality research trial activity in mental health, a key objective for SMHRN is to provide expert assistance to the development of new Scottish-led studies and to provide innovative input to study set up, co-ordination, recruitment and closedown.

The Scottish MHRN is managed by a co-ordinating centre in Edinburgh with a Scotland-wide Management Board and is closely associated with the English and Welsh Mental Health Research Networks.

We also collaborate closely with all of the topic specific research networks in Scotland to co-adopt studies where relevant and to pool resources.

## Our Recruitment Service

A network of specialist mental health research nurses can help provide support with:

- Site recruitment
- Facilitating clinician involvement
- Patient recruitment
- Patient involvement
- Data collection
- Follow up
- Data entry and monitoring
- Troubleshooting



## Our Trials Service

Our trials service is provided by an expert team with statistics and systematic review experience with links to the Centre for Healthcare Randomised Trials at the University of Aberdeen (CHaRT) and the University of Edinburgh Clinical Trials Unit (ECTU).

The service gives support with:

- Developing protocols
- Study design
- Sample size calculations
- Grant submissions
- Regulatory approvals
- Systematic reviews
- Database design
- Statistical issues during a study
- Analysis techniques